



Food Allergen & Sensitivities Guide

Allergens

Sensitivities

Milk	Egg	Peanut	Tree Nuts	Fish	Shellfish	Soy	Wheat	Gluten
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Chicken

Chicken / Tenders						◦	x	†
Shack Wings						◦	x	†
Chicken Bites				•	•	◦	x	†

Sandwiches

Chicken Sandwich		x				◦	x	†
Fish Sandwich with Alaskan Flounder		x		x	•	◦	x	†

Sandwich Toppings

Sandwich Bun						◦	x	x
Hot n Spicy Mayo		x				◦		
Regular Mayo		x				◦		
Pickles								

Ribs

Ribs (without sauce)						•	•	•
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Seafood

Alaskan Flounder	x				x	•		x	†
Cod	x				x	•	x	x	†
Shrimp	•				•	x	x	x	†

KEY

x = contains allergen

† = contains ingredient that may cause sensitivity

• = products prepared in common equipment and may contain allergen

◦ = contains soybean oil, which is not indicated as an allergen. According to the Food Allergy & Anaphylaxis Network, studies have shown that most soy-allergic individuals may safely eat most types of soybean oil (foodallergy.org).

The information contained is current as of September 2024. Variations may occur due to differences in suppliers, ingredient substitutions, or recipe revisions.



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Sides

Shack Potatoes (no butter)							•	•
French Fries					•	◦	x	†
Shack Mushrooms				•	•	◦	x	†
Onion Rings	x				•	◦	x	†
Corn (no butter)								
Green Beans (no butter)								
Cole Slaw	•	x				◦	•	•
Dinner Rolls	•					◦	x	x

Sauces

BBQ						◦		
Honey Mustard		x				◦		
Hot and Spicy						◦		
Sweet Chili Sauce								
Ranch	x	x				◦		
Tartar Sauce		x						
Cocktail Sauce								
Sour Cream	x							
Butter Sauce for Potatoes, Corn & Green Beans						◦	x	x

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Notes:

Suggestions for wheat and gluten sensitive individuals

- corn, no butter

- green beans, no butter

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