



Food Allergen & Sensitivities Guide

Allergens

Sensitivities

Milk	Egg	Peanut	Tree Nuts	Fish	Shellfish	Soy	Wheat	Gluten
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Chicken

Chicken / Tenders						◦	x	†
Wing Dings						◦	x	†
Chicken Bites				•	•	◦	x	†

Sandwiches

Chicken Sandwich		x				◦	x	†
Fish Sandwich with Alaskan Flounder		x		x	•	◦	x	†

Sandwich Sides and Toppings

Sandwich Bun						◦	x	x
Hot N Spicy Mayo		x				◦		
Regular Mayo		x				◦		

Ribs (without sauce)

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Seafood

Alaskan Flounder	x				x	•		x	†
Shrimp	•				•	x	x	x	†

KEY

x = contains allergen

† = contains ingredient that may cause sensitivity

• = products prepared in common equipment and may contain allergen

◦ = contains soybean oil, which is not indicated as an allergen. According to the Food Allergy & Anaphylaxis Network, studies have shown that most soy-allergic individuals may safely eat most types of soybean oil (foodallergy.org).



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Sides

Shack Potatoes (no butter)							•	•
French Fries					•	◦	x	†
Shack Mushrooms				•	•	◦	x	†
Onion Rings	x				•	◦	x	†
Corn (no butter)								
Green Beans (no butter)								
Cole Slaw	•	x				◦	•	•
Dinner Rolls	•					◦	x	x

Sauces

BBQ						◦		
Honey Mustard		x				◦		
Hot and Spicy						◦		
Sweet Chili Sauce								
Ranch	x	x				◦		
Tartar Sauce		x						
Cocktail Sauce								
Sour Cream	x							
Butter Sauce for Potatoes, Corn & Green Beans						◦	x	x

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Notes:

Suggestions for wheat and gluten sensitive individuals:

- corn, no butter
- green beans, no butter
- lettuce

The information contained here is current as of February 16, 2021. Variations may occur due to differences in suppliers, ingredient substitutions, or recipe revisions.