



Food Allergen & Sensitivities Guide

	Allergens							Sensitivities	
	Milk	Egg	Peanut	Tree Nuts	Fish	Shellfish	Soy	Wheat	Gluten
Chicken									
Chicken / Tenders							◦	x	†
Wing Dings							◦	x	†
Chicken Bites					•	•	◦	x	†
Sandwiches									
Chicken Sandwich		x					◦	x	†
Crispy Chicken Sandwich		x					◦	x	†
Fish Sandwich with Alaskan Flounder		x			x	•	◦	x	†
Sandwich Sides and Toppings									
Sandwich Bun							◦	x	x
Leaf and Shredded Lettuce									
Ribs and Pork									
Ribs (without sauce)							•	•	•
Seafood									
Alaskan Flounder	x				x	•		x	†
Cod Fillets	x				x	•	x	x	†
Shrimp	•				•	x	x	x	†
KEY									
x = contains allergen									
† = contains ingredient that may cause sensitivity									
• = products prepared in common equipment and may contain allergen									
◦ = contains soybean oil, which is not indicated as an allergen. According to the Food Allergy & Anaphylaxis Network, studies have shown that most soy-allergic individuals may safely eat most types of soybean oil (foodallergy.org).									



Food Allergen & Sensitivities Guide

	Allergens							Sensitivities	
	Milk	Egg	Peanut	Tree Nuts	Fish	Shellfish	Soy	Wheat	Gluten
Sides									
Shack Potatoes (no butter)								•	•
French Fries						•	◦	x	†
Shack Mushrooms					•	•	◦	x	†
Onion Rings	x					•	◦	x	†
Corn (no butter)									
Green Beans (no butter)									
Cole Slaw	•	x					◦	•	•
Dinner Rolls	•						◦	x	x
Sauces									
BBQ							◦		
Honey Mustard		x					◦		
Hot and Spicy							◦		
Sweet Chili Sauce									
Ranch	x	x					◦		
Tartar Sauce		x							
Cocktail Sauce									
Sour Cream	x								
Butter Sauce for Potatoes, Corn & Green Beans							◦	x	x
KEY									
x = contains allergen									
† = contains ingredient that may cause sensitivity									
• = products prepared in common equipment and may contain allergen									
◦ = contains soybean oil, which is not indicated as an allergen. According to the Food Allergy & Anaphylaxis Network, studies have shown that most soy-allergic individuals may safely eat most types of soybean oil (foodallergy.org).									

Notes:

Suggestions for wheat and gluten sensitive individuals:

- corn, no butter
- green beans, no butter
- lettuce

The information contained here is current as of September 26, 2022. Variations may occur due to differences in suppliers, ingredient substitutions, or recipe revisions.